

## The role of gender and socioeconomic status in the development of musical abilities in adolescents

Preliminary results from the LongGold project

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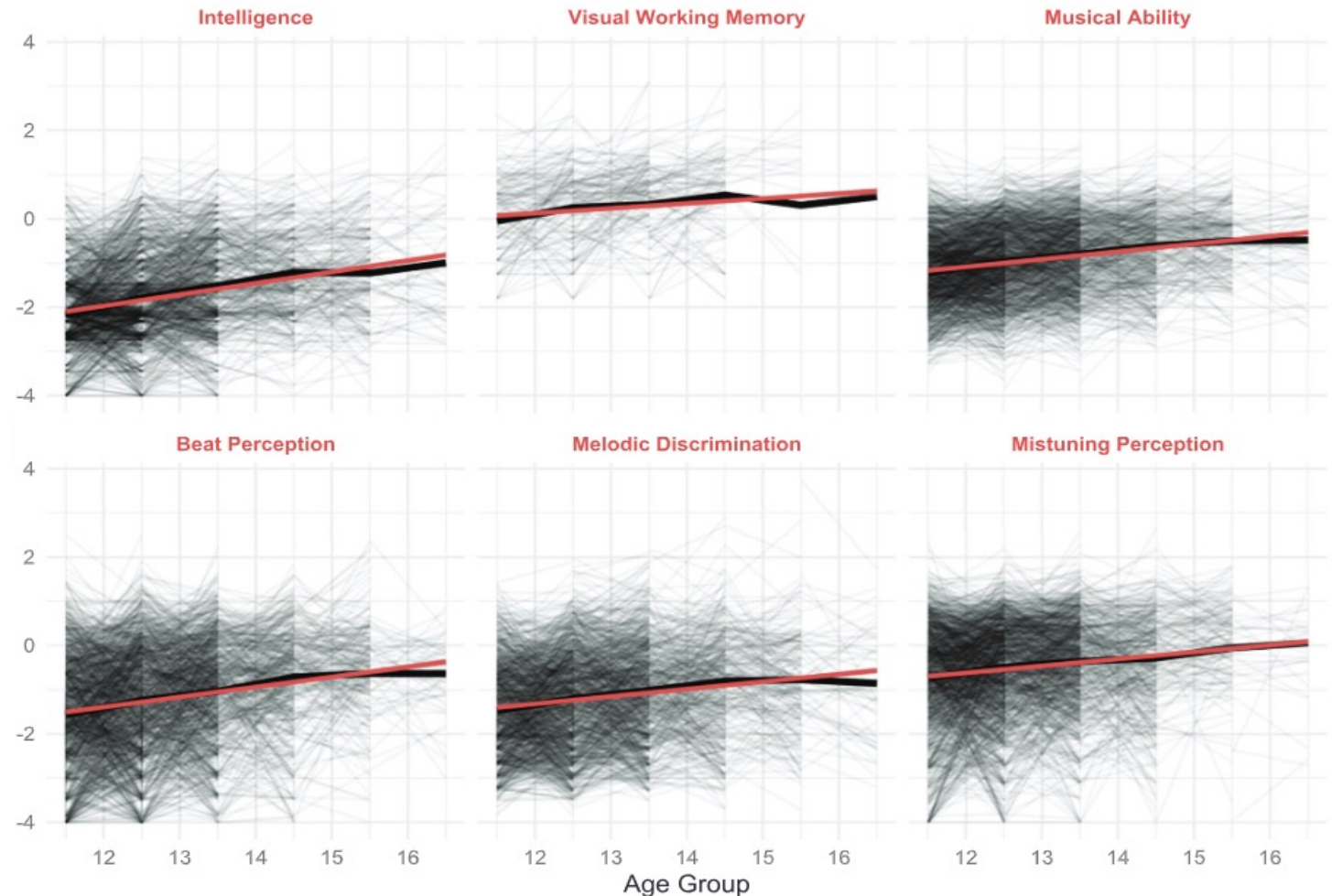
# Background

- Musical abilities grow with age.
- Musical abilities grow more slowly than fluid intelligence.

Müllensiefen et al. (2022)

## Musical development during adolescence: Perceptual skills, cognitive resources, and musical training

Daniel Müllensiefen<sup>1,2</sup> | Paul Elvers<sup>3</sup> | Klaus Friele<sup>4</sup>



# However...

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- The effect of **gender** and **socio-economic status** was not taken into account.
  - These are important factors for the development of **intelligence** (von Stumm & Plomin, 2015) and for several important educational outcomes such as **school completion** (Schellekens et al., 2022), **school engagement** (Liu et al., 2021), **academic achievement** (Eriksson & Lindvall, 2023).

# This study aims to...

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- explore sex differences in the development of musical ability
- examine the effect of socio-economic status  
using latent growth models

# What are latent growth models?

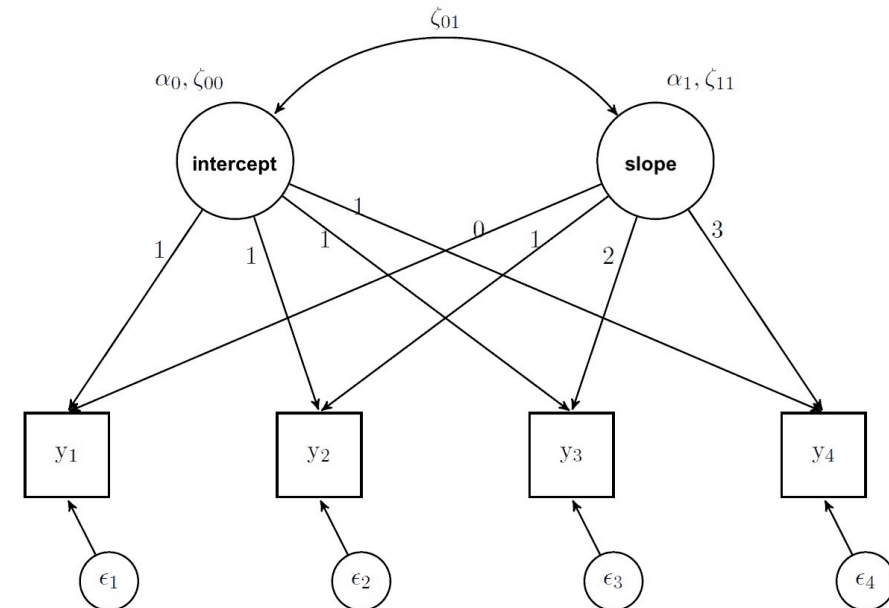
- Scores of participants are modeled with a set of equations, for example:

$$\begin{aligned} - \text{Scores.t1 (y1)} &= \text{intercept} + 0 * \text{slope} + e_1 \\ - \text{Scores.t2 (y2)} &= \text{intercept} + 1 * \text{slope} + e_2 \\ - \text{Scores.t3 (y3)} &= \text{intercept} + 2 * \text{slope} + e_3 \\ - \text{Scores.t4 (y4)} &= \text{intercept} + 3 * \text{slope} + e_3 \end{aligned}$$

Absolute level  
of ability

Development  
trajectories

Different weights of slope for non-linear relationship



# Questions

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1. Which model (linear or non-linear) best describes the development of musical listening ability?
2. Are there sex differences in the development of musical listening ability?
3. Can musical training and/or socio-economic status explain or moderate any sex differences in the development?

# LongGold Project

## Procedure & Design

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- Started in 2015
- Longitudinal Survey (with approximately 1-year intervals)
- 90 min session
- 14 Schools joined and left at different time points
- 8 measurement time points
- See <https://longgold.org/> for more information



# Participants

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- N = 4,333 (in total) → N = 2,418
  - At least one of the 3 musical listening tests (Beat Alignment, Melodic discrimination, Mistuning Perception)
  - At least 2 time points
- 11 Schools (3 UK, 8 Germany)
- UK: 563, Germany: 1,855
- 1,434 females, 984 males
- Average number of measurement time points: 3.17 (SD=1.14), max.=8
- Mean age = 11.56 years (SD= 0.94)



# Measures

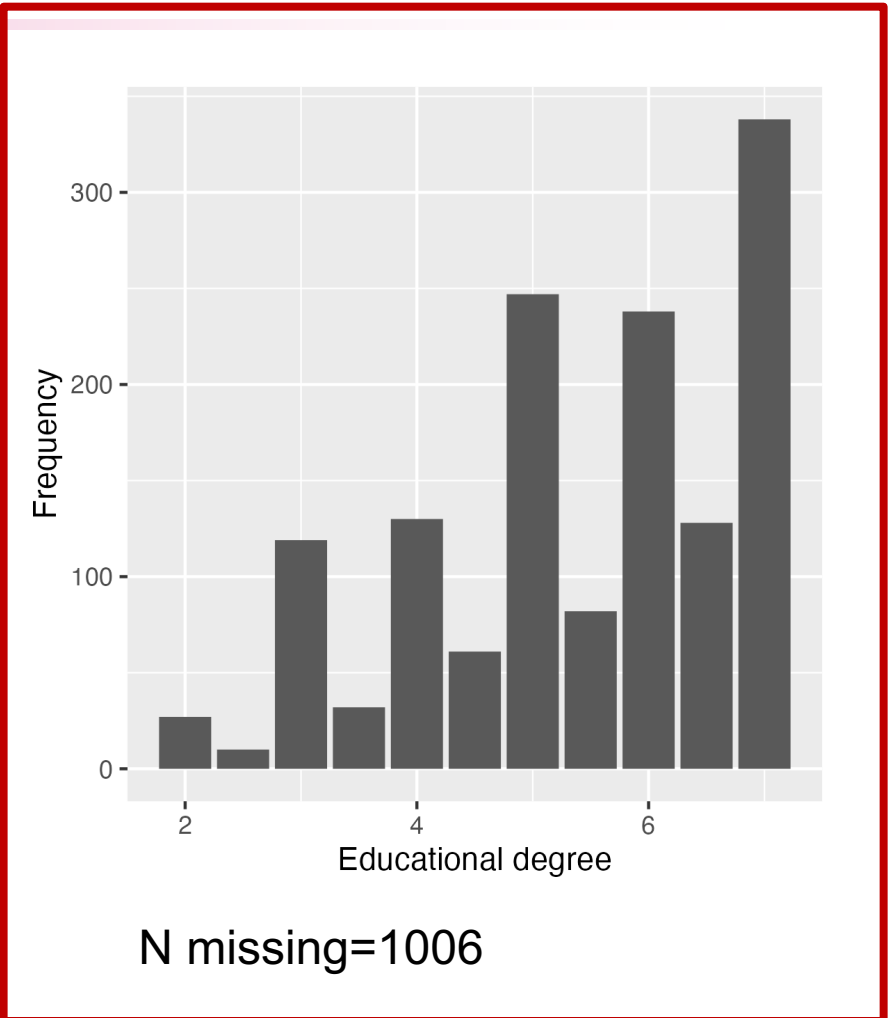
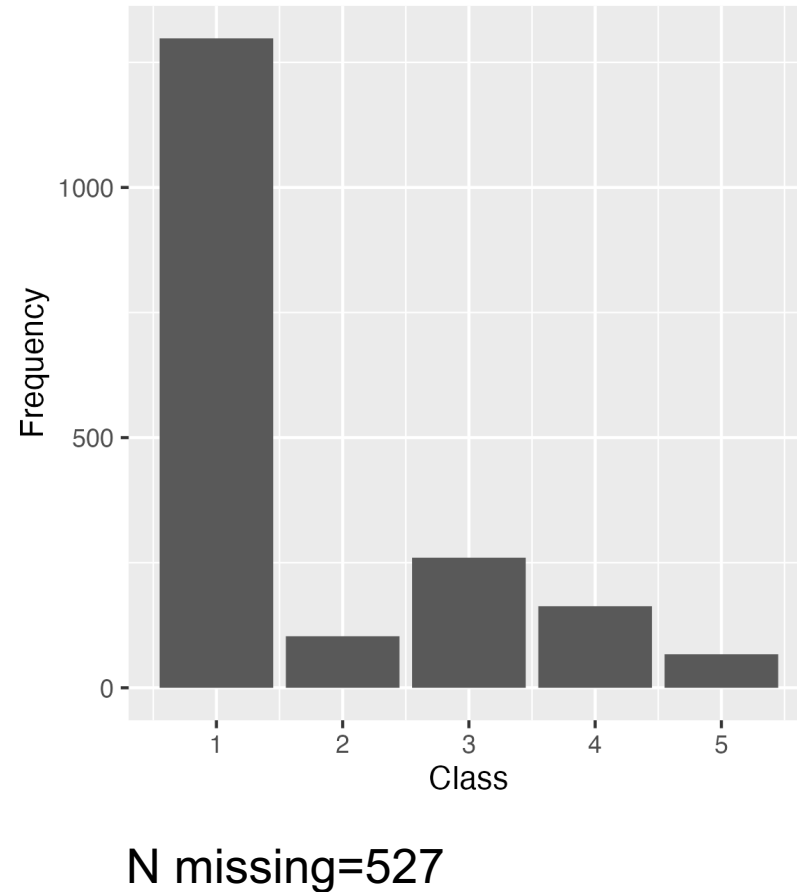
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- **Beat Perception** (Harrison et al., 2017)
    - Two clips with beep tones, one on beat, one off beat
  - **Melody Discrimination** (Harrison & Müllensiefen, 2018)
    - Three clips, one has a slightly different melody
  - **Mistuning Perception** (Larrouy-Maestri et al., 2019)
    - Two pop style clips, on one the singer is out of tune
- Outcome variable: composite (average of the three tests) and each individual test.
- Test Demo: [https://shiny.gold-msi.org/longgold\\_demo/](https://shiny.gold-msi.org/longgold_demo/)



# Measures

- Gold-MSI:  
Musical Training  
(Müllensiefen et al., 2014)
- Socio-economic status
  - Social Class (5 points, 1=highest class)
  - Parents' educational degree average (7 points, 2=highest level)



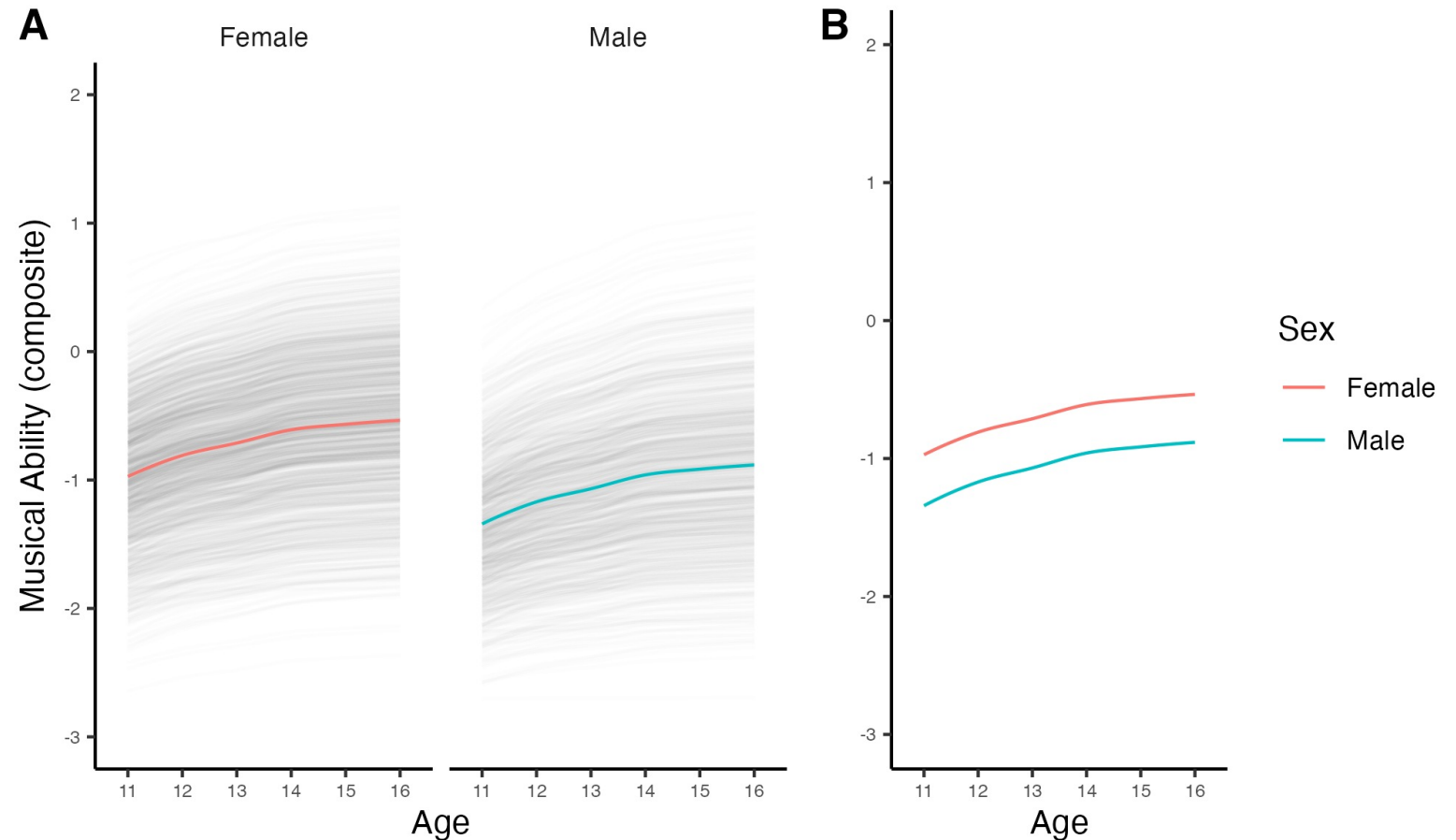
# Results 1

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- Which model (linear or non-linear) best describes the development of musical listening ability?
- Are there sex differences in the development of musical listening ability?

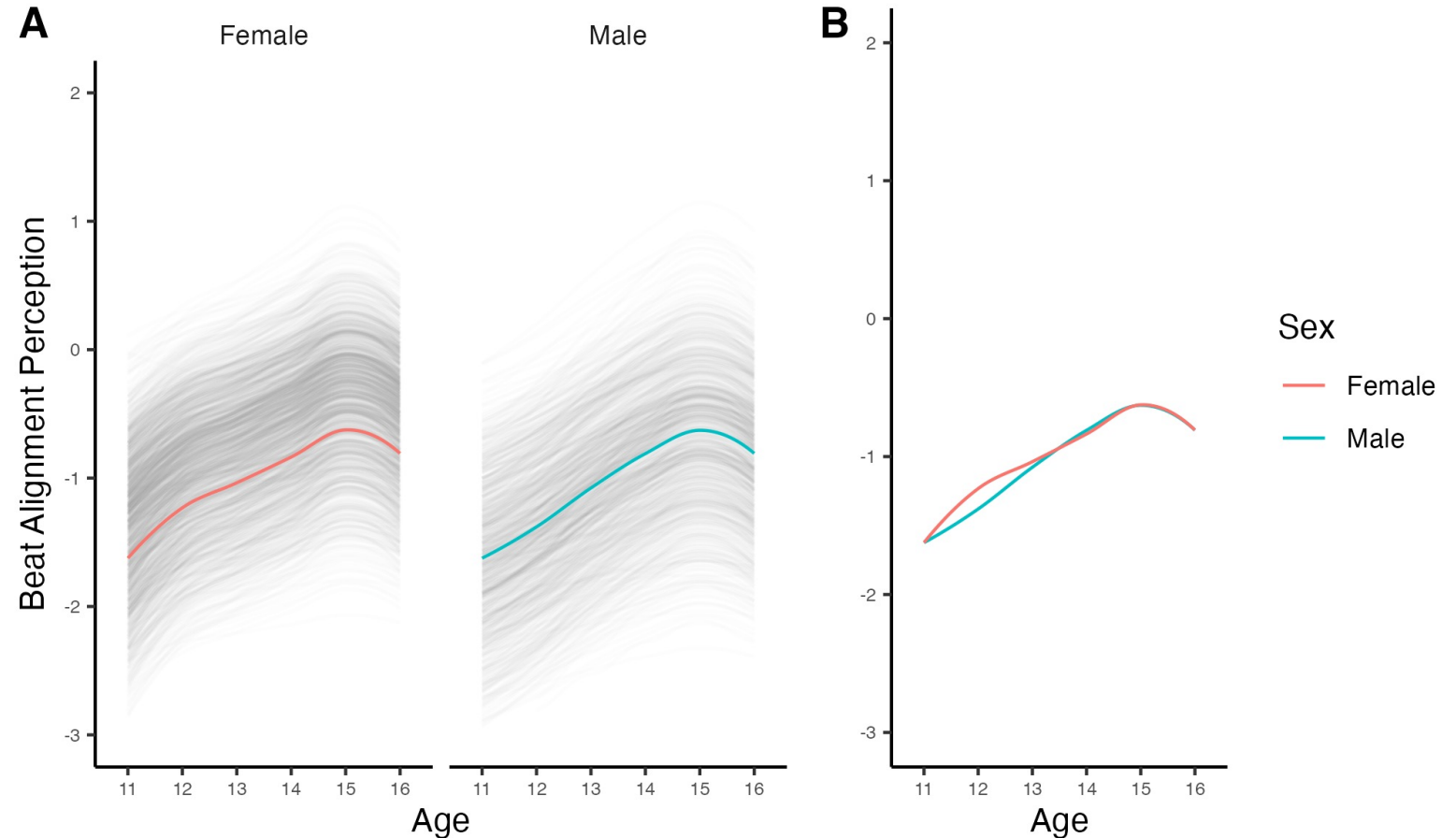
# Results 1: Musical Ability Composite

- Non-linear growth model has better fit to data
- No sex differences in slopes
- Sex difference in absolute ability level: Cohen's  $d = 0.71$
- Only main effect of sex on musical ability



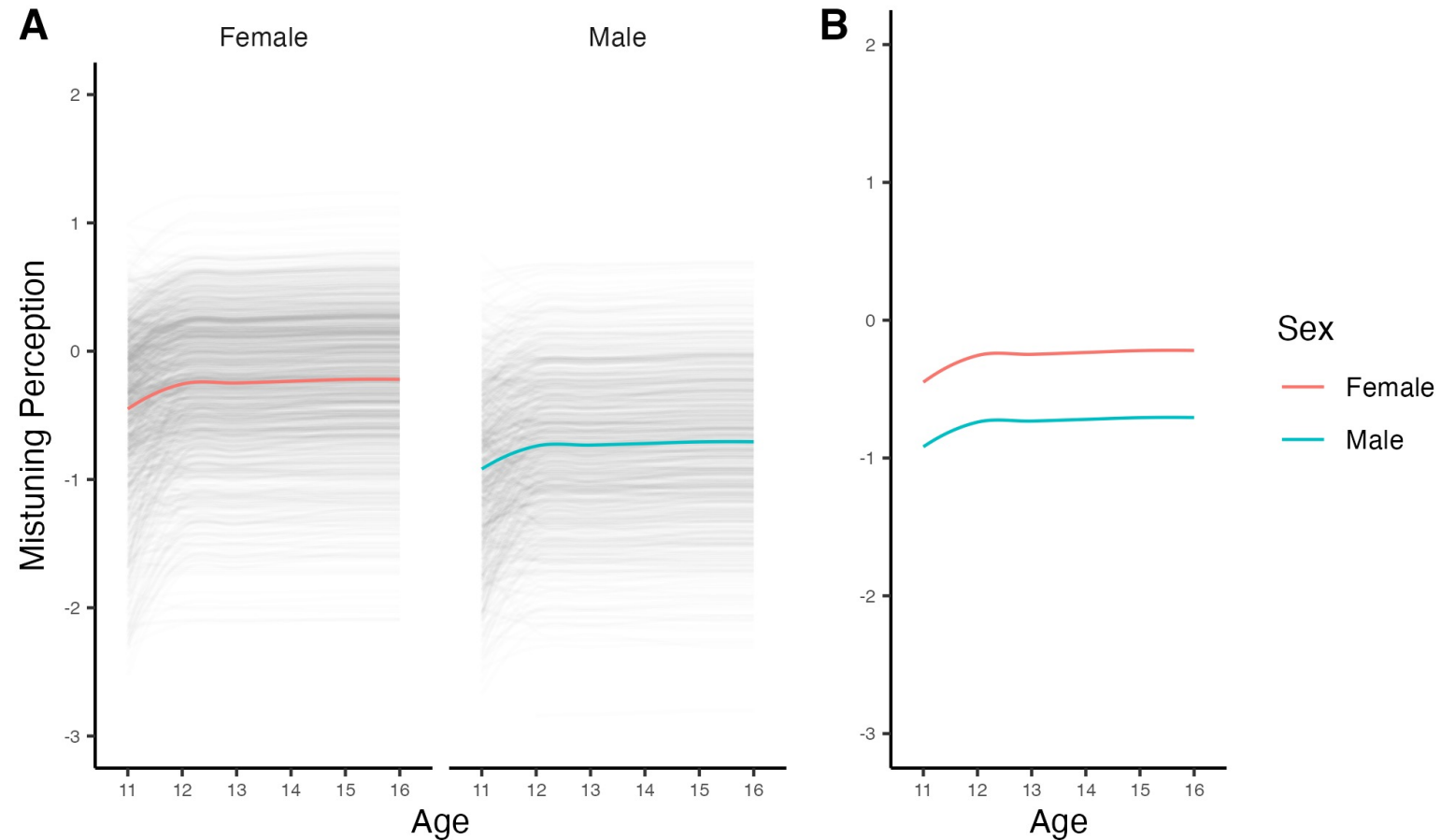
# Results 1: Beat Perception

- Non-linear growth
- No sex differences in slopes
- No intercept differences
- Sex has no effect
- Slight decrease in ability at the age of 16
  - Might be an artefact due to smaller sample size at older ages



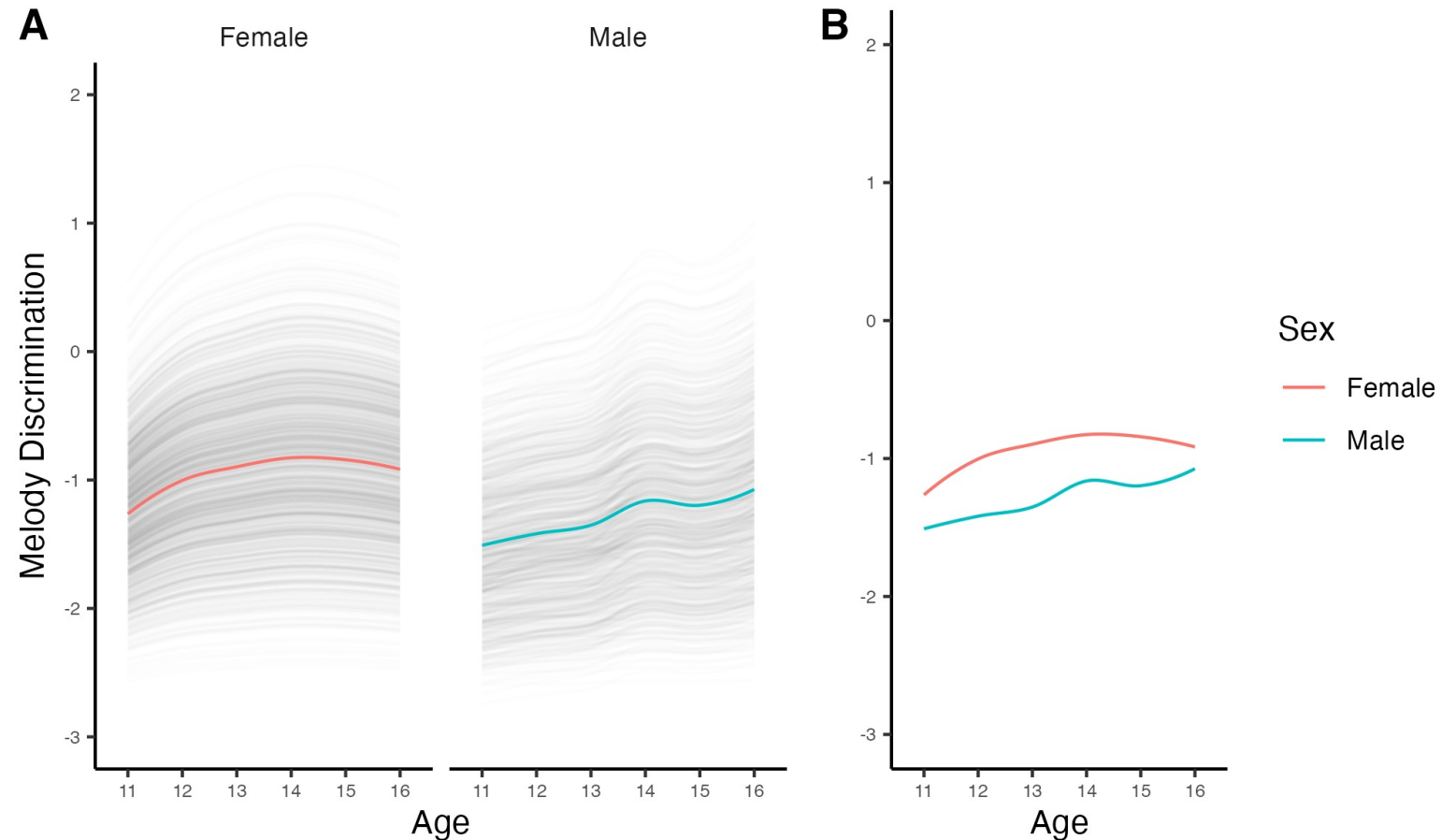
# Results 1: Mistuning Perception

- Non-linear growth
- No sex differences in slopes
- Intercept differences: Cohen's  $d = 0.78$
- Only main effect of sex
- Flat slopes



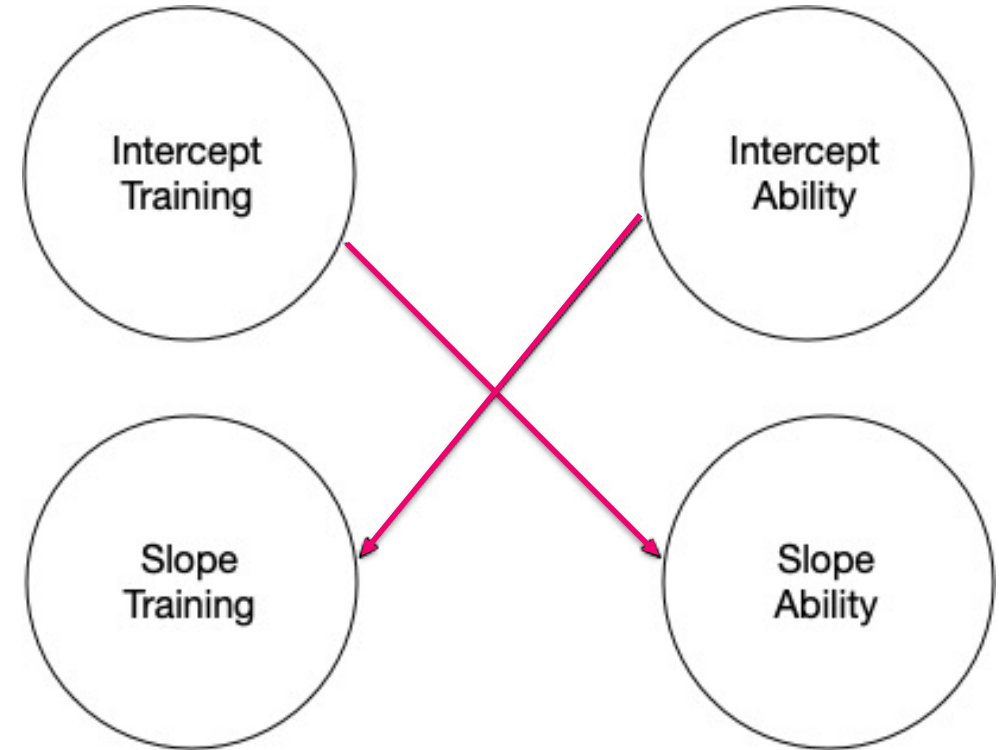
# Results 1: Melody Discrimination

- Non-linear growth
- Sex differences in slopes
- Ability differences:
  - Age 11  $d=0.48$
  - Age 12  $d=0.73$
  - Age 13  $d=0.77$
  - Age 14  $d=0.54$
  - Age 15  $d=0.58$
  - Age 16  $d=0.26$
- Main effect and interaction effect of sex on melody discrimination



# Results 2

- Can musical training explain sex differences in the development?
- Does start level of training affect growth of ability over time?
- Does start level of ability affect changes in training over time?



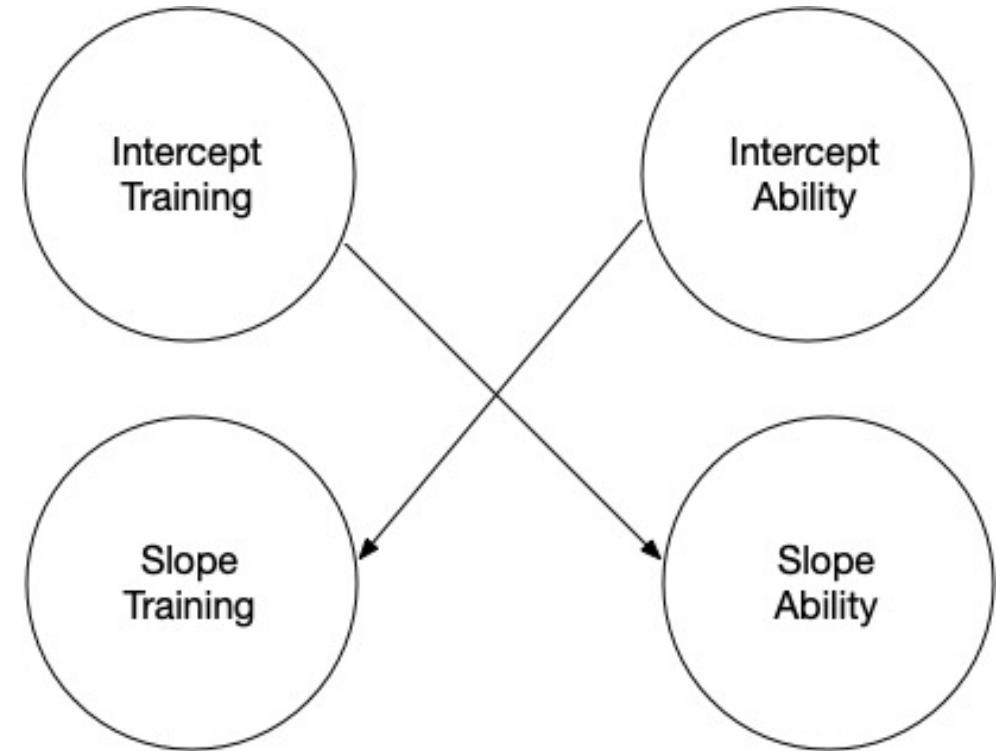
Note: Correlational paths are omitted for simplification



# Results 2

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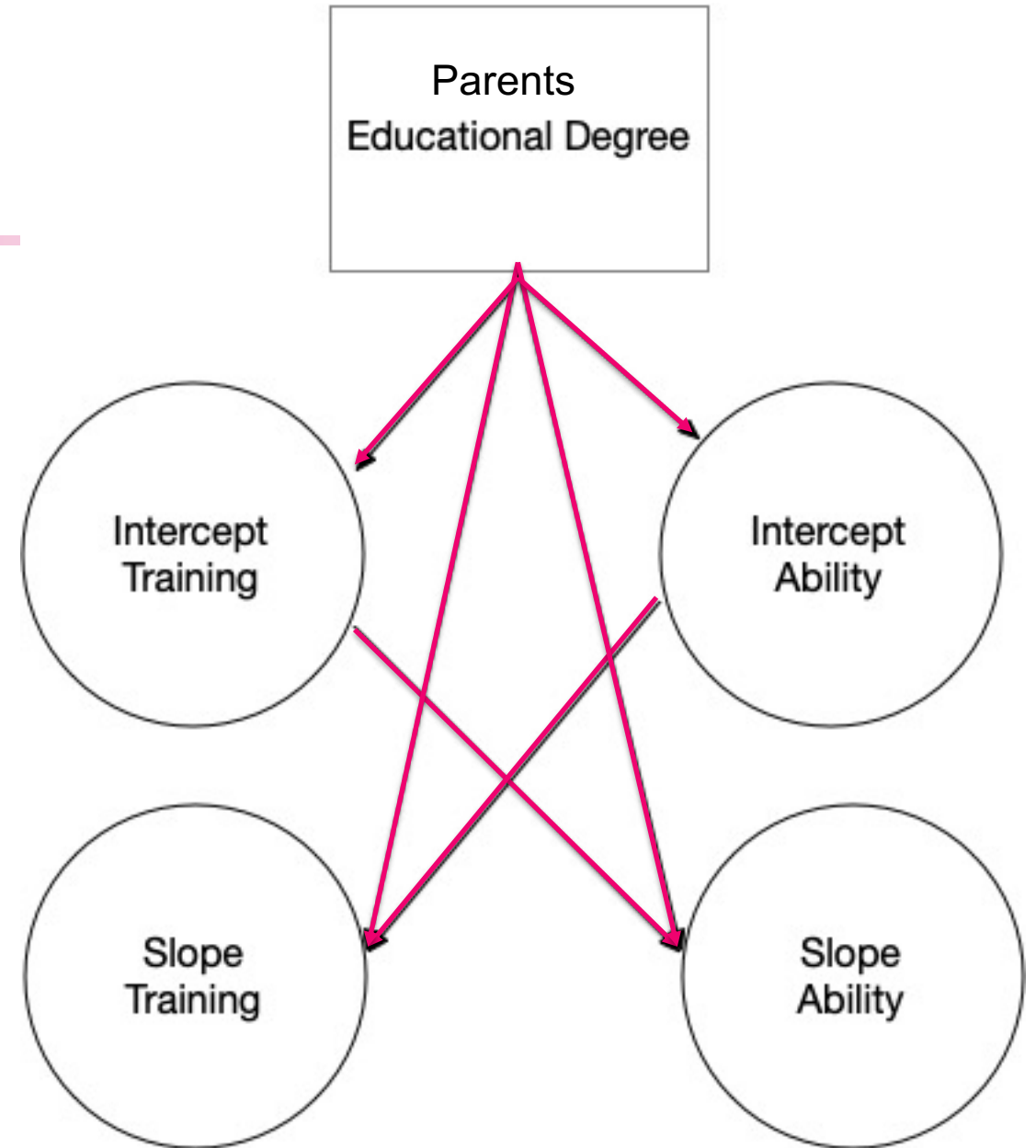
- No effects.



Note: Correlational paths are omitted for simplification

# Results 3

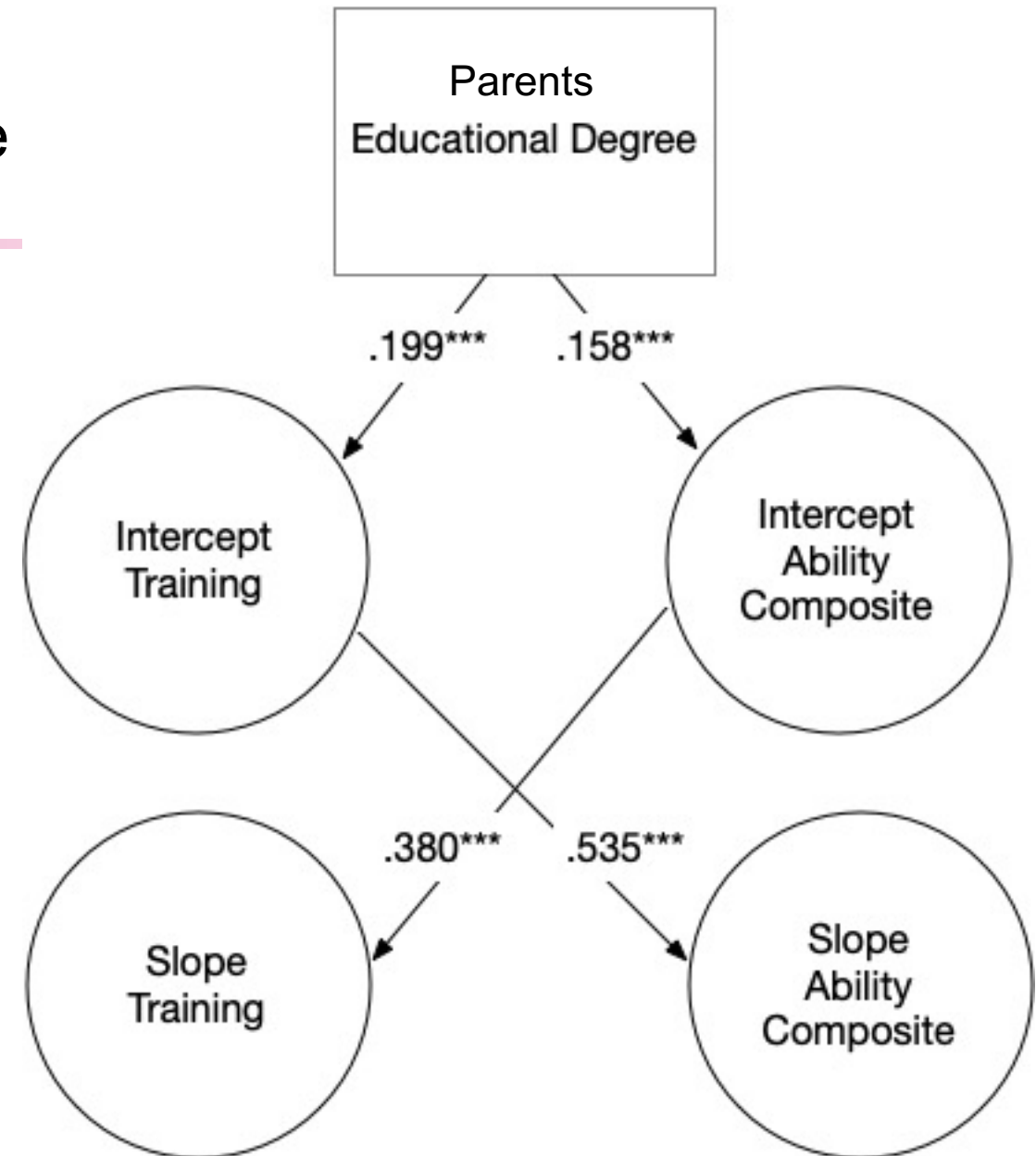
- Can socio-economic status moderate sex differences in the development?
- Does start level of training affect growth of ability?
- Does start level of ability affect changes in training?
  - controlling for educational degree



Note: Correlational paths are omitted for simplification

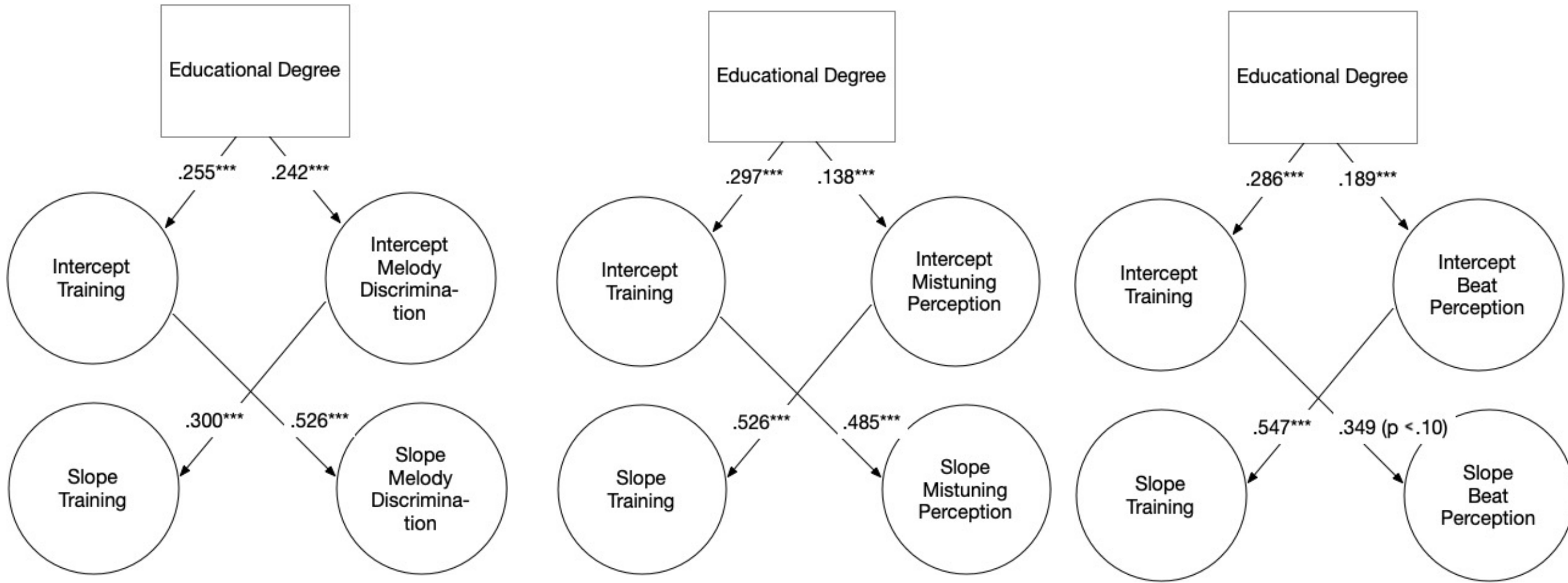
# Results 3: Musical ability composite

- Controlling for parents' educational degree, a higher level of training predicts better larger growth in musical ability and vice versa.
- Comparing participants of similar SES background, musical training explains development of ability.
- Humans can learn.
- SES is important in explaining the relationships between musical training and musical ability.



Note: Correlational paths are omitted for simplification

# Similar results for individual test scores (Melody Discrimination, Mistuning Perception & Beat Perception)



Note: Correlational paths are omitted for simplification

# Summary

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- Which model (linear or non-linear) best describes the development of musical listening ability?
  - Non-linear shape
- 11-17 (Younger Age = Larger growth)

# Summary

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- Are there sex differences in the development of musical listening ability?
  - **Absolute level:** Yes.
  - **Trajectories:** Similar in most of the cases.
- Girls are better, but everybody learns.

# Summary

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- Can musical training and/or socio-economic status explain or moderate sex differences in the development, if any?
  - Initial level of musical training affects the growth of musical ability, after controlling for parents' educational level.
  - Initial level of musical ability also affects subsequent engagement in musical training, controlling for parents' educational level.
- suggests reciprocal relationship between ability and training, reinforcing each other over time
- The effect of musical training would probably be the decisive factor for positive growth if children had similar SES backgrounds.

# Implication

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- Everyone has the potential to learn music, but the starting points may vary greatly.
  - Motivating low-achieved students can be highly valuable.
- Parental involvement may be significantly important.
  - Children of parents with lower educational levels may require more support.
- Results are consistent with modern theories of ability development that incorporate coupled interactions between skills and environment (e.g. Dickens & Flynn, 2001; Tuck-Drob, Brandmeier, & Lindenberger, 2019)
  - Deeper integration of theory and empirical models in the future.



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